

Below is a list of suggested items students will need for the trip:

- Ski jacket – this should be windproof and waterproof with elasticated cuffs and waist. A hood is useful.
- Ski pants/salopettes – should be warm, water-resistant with inner cuffs on leg bottoms. Jeans or track suit trousers are not suitable!
- Base layer – fleece/thermal/skins. Tight fitting, not cotton as it captures moisture. Multiple thinner layers are best rather than thick jumpers.
- Hat - large enough to cover your ears and not too tight. Wool/acrylic mix is suitable for being warm, lightweight and water-resistant. Should always be carried on the slopes. Please note that children under 14 are required by law to wear a helmet.
- Ski gloves – should be windproof and waterproof. Must be worn at all times, even on warmer days. Mitts are preferable for beginners or young children. Woollen gloves are not suitable.
- Ski/snowboard socks/thick long socks – at least two pairs.
- Ski goggles and sunglasses – absolutely essential both on good and bad weather days. Should be worn at all times. Goggles are more suitable for children than glasses as they are less liable to breakage and loss, plus keep out the snow.
- Walking boots/strong trainers – you may need to walk to ski hire through snow or wet conditions so you will need footwear that will keep your feet dry.
- Small rucksack – useful for carrying your items around.
- High factor (50) suncream/lipsalve – should be worn every day and reapplied as necessary. You can burn on the mountain even on a cloudy day.

When you are not skiing what you wear should be warm and casual. Footwear should be sensible and comfortable. You might also like to take a swimming costume and swimming cap (compulsory for both sexes in Italy) as there is a pool. Towels are provided in all hotels, but rarely tend to be the fluffy ones we're used to back home, so you may wish to take one bath towel with you.

****Ski helmet - please note that children under 14 are required by law to wear a helmet. This will be provided as part of the ski equipment and does not need to be purchased.***