

Subject	Food & Nutrition	
Week	Learning	Activities
<p>Week beginning 8<sup>th</sup> June</p>	<p><b>Enzymes and food poisoning</b></p> <p>This is the first lesson in revisiting topics throughout the academic year. We will be looking at Enzymes and the many different types of food poisoning.</p>	<p>(No link is available currently)</p> <p>Follow the instructions and guidance to watch the video and work through the tasks.</p> <p>Submit a photo or screen shot of the final quiz results to your teacher on teams – these will be reviewed but not marked.</p>
<p>Week beginning 15<sup>th</sup> June</p>	<p><b>Food safety, key temperatures, danger zones and safe probe use</b></p> <p>We are going to learn about keeping safe in a food and nutrition room, understanding key temperatures and knowing what are the danger zones.</p>	<p>(No link is available currently)</p> <p>Follow the instructions and guidance to watch the video and work through the tasks.</p> <p>Then follow the instructions to complete the progress check assigned by your teacher on Teams.</p> <p>Submit your answers, these will be marked and returned to you to make corrections.</p>
<p>Week beginning 22<sup>nd</sup> June</p>	<p><b>Food Choice; religion and culture, vegetarianism, veganism and world cuisine</b></p> <p>In today’s lesson we are going to learn about the many different food choices. E.g. Due to religion and culture, vegetarianism etc.</p>	<p>(No link is available currently)</p> <p>Follow the instructions and guidance to watch the video and work through the tasks.</p> <p>Submit a photo or screen shot of the final quiz results to your teacher on teams – these will be reviewed but not marked.</p>
<p>Week beginning 29<sup>th</sup> June</p>	<p><b>Food Choice: special diets, allergies and intolerances</b></p> <p>In today’s lesson we are going to extend our knowledge of food choices. E.g. Special diets, allergies and intolerances.</p>	<p>(No link is available currently)</p> <p>Follow the instructions and guidance to watch the video and work through the tasks.</p> <p>Submit a photo or screen shot of the final quiz results to your teacher on teams – these will be reviewed but not marked.</p>

<p>Week beginning 6<sup>th</sup> July</p>	<p><b>Micro and macro nutrients, Energy balance and age related issues</b></p> <p>We are going to learn the basics of micro and macro nutrients based on energy balance and how it could relate to issues with age.</p>	<p>(No link is available currently)</p> <p>Follow the instructions and guidance to watch the video and work through the tasks.</p> <p>Then follow the instructions to complete the progress check assigned by your teacher on Teams.</p> <p>Submit your answers, these will be marked and returned to you to make corrections.</p>
<p>Week beginning 13<sup>th</sup> July</p>	<p><b>Practical challenge related to nutrients and age</b></p> <p>In today's lesson there will be a practical challenge which is related to nutrients and what is needed for a particular age of a person.</p>	<p>(No link is available currently)</p> <p>Follow the instructions and guidance to watch the video and work through the tasks.</p> <p>Submit a photo or screen shot of the final quiz results to your teacher on teams – these will be reviewed but not marked.</p>