

Year 7- PSHE					
Week	Term 1	Term 2	Term 3	Term 4	Term 5
Theme	Relationship & Sex Education (RSE)	Rights and responsibilities	Money Management	Healthy Lifestyles	Adolescence and puberty
1&2		What makes our identity?	How can we effectively budget	What is wellbeing?	What are the key facts about puberty?
3&4	Communication in relationships	Being an active citizen	How can poor money management lead to issues	How can we lead a healthy lifestyle?	What changes occur during puberty?
5&6	Cyberbullying	Global citizens	Gambling	Alcohol and caffeine	What are the emotional changes during puberty?
7&8	Role models	British Values	Loans and Loan sharks	Smoking and Vaping	The differences between sex, gender identity and sexual orientation.

Year 8- PSHE					
Week	Term 1	Term 2	Term 3	Term 4	Term 5
Theme	Relationship & Sex Education (RSE)	Human rights and Equality	Parliament and the Justice system	E-safety	Drugs
1&2		What are human rights?	Parliament and its role	How does the internet impact our lives?	The choices we make.
3&4	Managing Conflict	Why should human rights be protected.	Political Parties	Behaviour online	The laws relating to drugs
5&6	Healthy Relationships	Migration	The purpose of the court system	How is our information shared online	The risks associated with drugs
7&8	Power and control	Why is equality important?	Does Prison work?	Social Media	Effects of drugs

Year 9 - PSHE					
Week	Term 1	Term 2	Term 3	Term 4	Term 5
Theme	Relationship & Sex Education (RSE)	Rights and responsibilities	Drugs	E- safety	Sexualised behaviour and contraception
1&2		Moral and legal issues	Drugs and the law	Body image and behaviours	What is contraception?
3&4	What is domestic abuse?	Free speech	Drugs and mental health	Sexting	Different risks of contraception
5&6	Understanding Domestic abuse.	Age of criminal responsibility Pt1	Gangs and crime	Boundaries online	Risks associated with unsafe sex
7&8	The cycle of abuse	Age of criminal responsibility Pt2	County lines	Grooming	Choices with pregnancy

Year 10 - PSHE					
Week	Term 1	Term 2	Term 3	Term 4	Term 5
Theme	Relationship & Sex Education (RSE)	Relationships and Sex education	Money management/Government	Citizenship	Personal safety
1&2		Sexual Violence	Income and expenditure pt1	The role of international governance pt 1	Porn and attitudes towards porn
3&4	Healthy/unhealthy relationships	Sexual Harassment	Income and expenditure pt2	The role of international governance pt 2	Online footprint
5&6	Boundaries and personal safety.	Honour based violence and FGM	Credit and debt	Government pt 1	Online safety
7&8	Staying safe	Alcohol, drugs and sex	Financial exploitation	Government pt 2	Safety before summer

Year 11 - PSHE

Week	Term 1	Term 2	Term 3	Term 4	Term 5
Theme	Theme 3- Relationship & Sex Education (RSE)	Relationships and Sex education	Sexual health and fertility		
1&2		Sexual Violence	Sexuality, gender and stereotyping		
3&4	Peer pressure	Sexual Harassment	STI's and their treatment		
5&6	Sex and Consent	Honour based violence and FGM	Fertility and lifestyle factors		
7&8	Personal Safety (Grooming, CSE)	Alcohol, drugs and sex	Pregnancy and lifestyle choices		