

## Year 8 residential Kit List

Clothes are likely to suffer wear and tear and get dirty and wet so you should bring several changes of old clothes. Please limit your luggage to one bag or suitcase.

**\*All items must be named\***

Item	Number	Notes
Trainers	1 indoor 1 outdoor	Indoor shoes for wearing around centre and travelling. Your outdoor trainers should be a pair that you don't mind getting wet and muddy.
Wet activity footwear	1 pair	Old trainers or 'wet suit' shoes, if you have them, are ideal.
Waterproof jacket	1	
Sweatshirts, Jumpers, Hoodies or Fleeces	2	Fleeeces are ideal as they dry quickly but any of the other items are a good substitute.
Trousers	2	Lightweight trousers (not denim) such as walking trousers or tracksuit bottoms
T-Shirts	3	Aim for tops that cover your shoulders from the sun.
Long sleeved base layers / tops	1	
Shorts	1	Not denim
Nightwear and pyjamas	1	
Casual clothes for around the centre and travel	1 set	
Underwear (including socks)	4	This is a minimum number. Trainer socks aren't recommended as they may cause blisters, for some activities socks need to cover ankles
Sun hat, sun cream	1 of each	Sun cream will need to be at least factor 30.
Towels	2	One for showering and one old one for activities (may get muddy)
Re-usable drinks bottle	1	
Small rucksack / bag	1	
Washbag / Toiletries	Yes	Don't bring aerosols, wet wipes are handy, remember to bring medication if needed
Labelled bin bag	1	For wet and dirty clothing
Sleeping bag or duvet plus pillow	1	
Spending money	Yes	You won't need more than £20 spending money. The centre has a small shop which sells healthy snacks and souvenirs
Torch	1	

### What not to bring

Our advice is to leave valuables such as jewellery, phones, iPods, etc. behind.

**Aerosols and penknives are strictly prohibited at the centre.**