

Guide to measuring children for school uniform

General

1. Before measuring your child, please ensure they are wearing thin clothes and are standing in bare feet.
2. Children are quite squashy! If you pull the tape-measure tight the dimensions will get smaller, but when the garment arrives it will be too tight. The tape measure should feel a little loose, and it should be possible to slip 2 fingers under the tape easily.
3. Most garments leave room for movement - they are sized "to fit" not "as the garment". The actual amount varies by garment, and fashion. Likewise, our recommendations will err on the larger size. You should expect every garment to be wearable for a full year.
4. Please be aware of the units you are measuring in. It is very easy to mix up inches and cm.
5. Please take the time to regularly re-measure your child and update their measurements, particularly before you do the big "back to school" shop.

Height

Measure your child in bare feet from the floor to the top of their head. You might find it easier to do this whilst they are standing against a wall. Mark straight across the head and then measure from the floor to the mark. Check this against the growth curve in the "Personal Child Health Record" book. Is your child shorter or taller than average?

Chest

Ensure that your child's arms are down by their side. Measure the chest at the fullest part placing the tape measure close up under their arms and keeping it level. Please ensure that the tape is not pulled too tight, you should be able to easily place a finger underneath.

Waist

Measure around the waistline whilst your child is standing up straight. The waistline is normally just above the tummy button. Please ensure that the tape is not pulled too tight.

Hip

Measure the hip at the widest point, whilst your child is stood with feet together, ensuring the tape is kept level and again is not pulled too tight.

Waist to Knee (Girls only)

Please measure from your child's natural waistline, this is usually above their tummy button, to the centre of the knee cap. We use this measurement to calculate the most suitable skirt length for your child based on the school's regulations.

Inside Leg

Measure from the crotch to the indentation below the ankle bone where you'd like the trouser hem line to finish.

Collar

Place the tape measure around the base of the neck where the collar sits. We suggest putting two fingers underneath the tape so that it's not too tight and to get the most suitable measurement.

Growth estimations

Most uniform suppliers use standard children's growth curves to estimate growth, like the ones in a "Personal Child Health Record" book. However they do know that all children are different, and growth spurts happen at different times.

Please bear in mind that most 'chest' sized garments use a length prediction. They estimate this and arm length from your child's height. If your child has very long arms and legs then please bear this in mind when ordering and possibly opt for the next size up. Similarly, if your child is tall then to accommodate this we suggest you consider the next size up to ensure an appropriate back and sleeve length.