

Dear Parent / Guardian,

## National Citizen Service (NCS)

Your son or daughter will shortly be receiving information in school about the National Citizen Service (NCS). NCS is a nationwide personal and social development programme which supports young people to develop new skills whilst undertaking worthwhile social action activities in their local community. NCS includes challenging activities, away-from-home residential experiences and self-designed social action projects. This is a fantastic opportunity for young people from all backgrounds and ability levels to come together to build confidence, meet new people and to make a positive difference.

### Phase 1 – Adventure

A four day residential stay at an outdoor activity centre, taking part in adrenaline-fuelled activities such as high ropes, climbing, archery, kayaking and zip-wire. This builds team-working, communication and leadership skills as well as developing confidence and helping the team bond. (Transport and food provided)

## Phase 2 – Discovery

A further 3 day residential stay at the same outdoor activity centre, taking part in a wide variety of workshops such as graffiti, body awareness, operation Interview and business challenges, building a stand-out CV and developing important skills for work and life. There will be inspirational talks by the Dame Kelly Holmes Trust. (Food provided)

# Phase 3 – Social Action

A chance to make a difference and have a say in the local community, young people on NCS will complete a total of 30 hours of social action using all the skills they've developed so far. They will be designing, planning and delivering it, to make their mark and leave a lasting impression in their local area.

### Graduation

A chance to celebrate everyone's achievements on completing NCS where all NCS graduates receive a certificate signed by the Prime Minister.

The EBP is the lead organisation delivering NCS in Leicestershire, Lincolnshire, Northamptonshire and Rutland.

The EBP, Welton House, Limekiln Way, Lincoln, LN2 4WH 01522 574101

Registered in England 4190289



NCSYES



@NCSYES



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Why Young People Say Yes!

- Challenge themselves and make life-long memories with new friends
- Discover interests without the fear of failure
- Learn skills for work and life and build an amazing CV
- Invest in their future, get a head-start and stand out
- UCAS recommends students include NCS in their personal statement

NCS is a once in a lifetime opportunity for 15 to 17 year olds to take part in (over 18's can attend if they have additional needs or special circumstances). The programme is voluntary and independent of school, and aims to bring a diverse social mix of young people together from all walks of life to form groups that work successfully as a team. Young people taking part will develop valuable life skills and enhance confidence levels and aspirations. NCS gives young people a framework to present their skills and experiences in interviews and on future job applications, and is acknowledged by UCAS as an extremely valuable addition to personal statements. All places cost a maximum of £50 (one-off fee) and financial bursaries can be provided to those who need it.

The EBP has been delivering NCS across Lincolnshire since 2011, with over 7000 local young people benefitting from taking part in the programme. This has resulted in fantastic feedback and the continued demand for what has been described as a life changing experience. The EBP is delivering NCS across Lincolnshire and we hope your son or daughter is able to join this exciting opportunity.

The EBP will be talking about NCS at Corby Technical School on Monday 24<sup>th</sup> September. All students will be given information packs to bring home and will be offered a 50% early-bird discount if signing up online within one week of the event

If you wish to discuss any aspect of NCS please do not hesitate to contact the NCS Team on 01522 574101 or email your queries to <a href="ncs@the-ebp.co.uk">ncs@the-ebp.co.uk</a>, You can visit the website <a href="www.ncsyes.co.uk">www.ncsyes.co.uk</a> or follow us on Facebook at <a href="www.facebook.com/ebpuk">www.facebook.com/ebpuk</a> and twitter <a href="@ebp-uk">@ebp-uk</a> for further information.

We are all very excited about NCS and hope your son or daughter is able to take part. We are sure it will be a positive experience which your son or daughter will benefit from for many years to come.

Yours faithfully,

The NCS Team

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